



Minutes

Citizen Advisory Panel

27 September 2019

12.30pm – 3pm

Trevithick, Sedgemoor Centre

Present:

Nigel Morson	CAP Lay Member (Chair)
Steve Bird	CAP Lay Member
Liz Davies	CAP Lay Member
Kathy Doeser	Prospective CAP Lay Member
Paul Ford	CAP Lay member
Catherine Fuller	Healthwatch Isles of Scilly
Jackie Goldie	Speech to Text Operator
Jim Harris	CAP Lay member
Joan Heaton	CAP Lay member
Ian McCarthy-Lunn	Healthwatch Isles of Scilly
Louise Moore	PPI Assistant, NHS Kernow
Jackie Pendleton	System lead for communications and engagement/Chief Officer, NHS Kernow
Emma Rowse	Volunteer Cornwall

Guests:

Laura Patrick (item 3 only)	Head of communications and engagement, NHS Kernow
Justin Wiggan (item 6 only)	Life Echo

Apologies:

Ian Jones	Volunteer Cornwall
Nikki Kelly	Governing Body Lay member for Patient and Public Involvement
Nigel May	CAP Lay Member (Vice Chair)
Jeremy Preedy	CAP Lay Member
Babs Rounsevell	Healthwatch Cornwall
Sally Turner	CAP Lay member (Chair)

Agenda No	Item discussion	Action No	Action By
1	<p>Welcome and introductions</p> <p>Nigel stepped in at short notice to Chair the meeting and welcomed everyone. Apologies were noted.</p>		

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2	<p>Minutes and Actions from last meeting</p> <p>The minutes of the last meeting were agreed.</p> <p>The Action Grid was discussed and updated.</p> <p>Matters arising from the minutes</p> <p>There were no matters arising.</p>		
3	<p>PPG Conference Update</p> <p>Laura Patrick attended to give an update on arrangements for the PPG conference.</p> <ul style="list-style-type: none"> • 60 people had attended last year's conference. • The date had been confirmed as 14 November and the venue would be the Knowledge Spa. 'Save the date' information had been circulated. • A formal invite and agenda would be circulated to PPGs in the week following the CAP meeting. • The conference would be an all-day event, with a variety of speakers and workshop sessions. • It was suggested that some information could be sent as pre-reading. • There would be organisations with stands around the venue for attendees to peruse. There was a suggestion those organisations could have a three minute slot on the agenda to highlight their services. • The agenda was very full and Laura was considering whether a follow-up event would be feasible. • There was discussion about the SPREAD academy advocates. Volunteer Cornwall was administering the funding for the project in Cornwall. • Emma could provide some information to leave on tables (about SPREAD Academy) 		

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	<p>at the event, if there was no space for a stand/presentation. Laura and Emma would liaise directly with regard to this.</p> <ul style="list-style-type: none"> • CAP members felt it would be useful for attendees to feedback key points from the workshops to each other at the end of the event. • There was concern that the chosen venue may not be large enough. • Laura agreed to review the level of interest and consider changing the venue if required. <p>POST MEETING NOTE – venue reviewed but agreed to leave at the Knowledge Spa due to access, affordability and lack of availability of other sites.</p>		
4	<p>Membership of Groups/Boards</p> <p>After discussion it was agreed that members of CAP would start to join a few groups and report back. Membership of groups would then be reviewed in future. It was agreed that the first groups that CAP members would join were to be the Partnership Boards that were hosted by Healthwatch Cornwall.</p> <p>ACTION: Jackie to send details relating to the Partnership Boards to all CAP members for consideration.</p> <p>Sally Turner, or a deputy, had already been invited to sit on the Governing Body and the Transformation Board.</p> <p>There was also already CAP representation on the Primary Care Development Group and Joint Primary Care Committee.</p>	41/2019	Jackie
5	<p>Feedback/Reports from CAP members</p> <p>Primary Care Development Group update</p> <p>A written update from Nigel May and Paul Ford</p>		

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	<p>had been circulated prior to the meeting. CAP members discussed the fact that some surgeries may have microsuction equipment available that remains unused. If RCHT were to train staff in those practices, the number of referrals to RCHT could potentially be reduced.</p> <p>East Cornwall Primary Care Network (PCN) Summit</p> <p>A written update had been circulated prior to the meeting, and Paul Ford highlighted the key points.</p> <p>There was discussion about the Health and Care Academy and Jackie suggested that the Academy Principal be invited to a future CAP meeting.</p> <p>ACTION: Jackie to make contact with Julie Gripton with an invitation to a future meeting.</p> <p>CAP members felt that it would be beneficial to have similar summit meetings in other PCN areas.</p> <p>It was suggested that Sally be asked to consider including a future agenda item around how to encourage engagement at PCN and locality level.</p> <p>ACTION: Sally to consider future agenda item re: engagement at PCN and locality level.</p> <p>Budgetary issues that were affecting the provision of IT equipment in primary care were discussed as well as the problems encountered due to practices using different IT systems.</p> <p>The use of NHS numbers as an identifier was discussed and Jackie advised that enabling work was ongoing to encourage provider trusts and social care to use NHS numbers rather than hospital numbers.</p> <p>There was discussion about the Low Carb Programme which was said to 'reverse' type 2 diabetes. Jim commented that Diabetes UK</p>	<p>42/2019</p> <p>43/2019</p>	<p>Jackie</p> <p>Sally</p>

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	<p>prefers the term 'in remission' as if the coding for patients changed they could become ineligible for free prescriptions for associated conditions.</p> <p>CAP members felt that learning what was happening in other PCNs was useful and would welcome similar reports if other PCNs held similar events.</p>		
6	<p>Life Echo (Sound Project)</p> <p>Justin Wiggan attended the meeting to explain more about Life Echo and Echo Point. More details can be found on Justin's website – www.life-echo.com</p> <p>Justin explained about Life Echo, where sounds from someone's past can be pulled together into a soundscape to prompt memories.</p> <p>Justin also explained about Echo Point where posts or benches had buttons, which, when pressed, would play a calming message and sounds.</p> <p>There was potential that Life Echo could help people with dementia. There was also proven benefit to playing the soundscapes in schools. Early testing also suggested that use of soundscapes whilst sleeping may facilitate memory recall.</p>		
7	<p>Any Other Business</p> <ul style="list-style-type: none"> • Jackie advised that a first draft of the Cornwall and Isles of Scilly long term plan had been submitted. More information could be found on the website. • At the end of the October meeting, Caroline Chick will attend to take photos of CAP members, for use by the communications team when promoting CAP and for uploading to the website. 		

	Date of Next Meeting – 25 October 2019 10.00 am – 1.00 pm, Cade, Sedgemoor Centre, St Austell.		
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